

WASHINGTON NATIONAL

ACTIVE caresM

THE SUPPLEMENTAL SOLUTION



SUPPLEMENTAL HEALTH INSURANCE

Life is worth living well.

Because your life is worth living well, there's

WASHINGTON NATIONAL

ACTIVE caresM

THE SUPPLEMENTAL SOLUTION

You strive to make the right choices to ensure a healthy, active lifestyle and a secure financial future. Yet one day you may face a health crisis—whether it's a result of an accident or a major illness.

Give yourself and your family the extra protection provided by Washington National Active Care supplemental insurance.

BENEFITS ARE PAID DIRECTLY TO YOU FOR COVERED:

Cancer	~
Alzheimer's disease	V
Diabetic complications	~
Hospital and ICU stays	V
Surgery and follow-up care	V
Accidental injuries	V
Doctor office wellness visits	V



THE CAN'T HAPPEN TO ME...RIGHT?

Perhaps you hear a word like "cancer" and automatically assume a disease like this happens only to someone older.

But the truth is, today's most common major illnesses and injuries can **affect anyone at any time.** And an unexpected health crisis can be a heavy physical and financial burden.

¹American Cancer Society, Cancer Facts & Figures 2013, 2013 p. 1 ²National Safety Council, Injury Facts, 2012 Edition

CONSIDER THE FACTS:



1-in-2 men and 1-in-3 women

will be diagnosed with cancer at some point in their lifetime.1

38 MILLION

people receive medical attention for an injury each year.²



Approximately **13.7 MILLION** Americans alive today have a history of cancer.

Washington National Active Care helps you face the future with more confidence.

- Benefits are paid directly to you—in cash—so you don't have to spend your savings, use your retirement fund or go into debt.
- You receive all benefits in addition to other insurance you have.
- Benefits can help you with copays, coinsurance and any coverage gaps that may be left by your major medical insurance.
- Benefits are guaranteed renewable as long as you pay premiums when due.
- You can get back to your active lifestyle and enjoy the best things in life!



STEP 1 Choose your far	mily members	s to be covere	ed.				
✓ Yourself Your spous	e 🗌 Your child((ren)					
STEP 2 Choose your LU	IMP-SUM BEI	NEFIT amour	nt for CANCE	R and CRITIC	AL CONDITIO	ONS.	
■ \$5K ■ \$10K	■ \$20K	■ \$30K	■ \$40K	■ \$50K	■ \$60K	■ \$70K	■ \$100K
STEP 3 Choose your cov	verage.						
☐ CANCER		the LUMP-SUM B erage also pays be		when you are diagn	osed with cancer.		
	• Skin c	ancer		• Lump-sum	recurrence		
		zed cancer ("carci	inoma in-situ") ¹		and chemotherap	у	
	AnnuaHospi	al care ital stays²		OutpatientBlood and	t-cancer surgery plasma		
☐ CRITICAL CONDITIONS*		-		i s coverage, payab age also pays bene		rience a major orga	n transplant,
	Alzhe	imer's disease ¹		Hospital st	-		
	• Deafn	ness ¹ etic amputation ¹		End-stage	renal failure ¹		
	- Diabe	tic amputation					
☐ HOSPITAL*		treatment. Benefits				es—whenever and the cancer and/or h	
		or office wellness atient surgeries	visits	Hospital ar	nd ICU stays ²		
☐ ACCIDENT*	Receive	benefits that help y	you pay costs asso	ciated with acciden	tal injuries. Benefit	s help cover:	
		ental death and d		 Doctor offi 			
		res and dislocation in the contraction in the contr	ons	•	tendon and cartil lisc and hernia su	-	
		replacement ations and burns		• Eye surger		irgeries	
		gency room and u	rgent care visits	- , , -			
This chart is intended to illustra	ta hanafits It is n	not an application	n for insurance				
This chart is interface to mustra	te benefits. It is fi	ot an application	ii joi ilisululice.				

*TO SELECT THESE OPTIONS, YOU MUST FIRST CHOOSE THE **CANCER** COVERAGE.

Benefits may be subject to monthly or lifetime maximums and benefit-duration limits. See the policy for details. Premiums are based on the level of coverage selected. For amounts and full descriptions, please see the accompanying benefit dictionary.

BENEFIT SPOTLIGHT

► RECURRENCE BENEFIT

for cancer

When you've been through a critical illness, the disease could come back.

 Cancer survivors are twice as likely to develop cancer again in the future.¹

With Washington National Active Care, you'll be protected if you have a recurrence. One year after you have not received or needed treatment for cancer, your recurrence lump-sum benefit begins to grow —to a maximum of 50% after 5 years. You'll have coverage for a recurrence diagnosis even if your other insurance stops paying.



► HOSPITAL BENEFITS WORK FOR YOU

Hospital benefits cover you:

- **Every year**—even when you're healthy—for doctor office wellness visits.
- Wherever you're treated, whether it's a hospital, ICU or rehab facility.
- For outpatient surgeries.

These benefits are available to you for everyday care and in the event of accidents or sicknesses.

¹ "Incidence of Secondary Cancer," *Holland-Frei Cancer Medicine*, www.ncbi.nlm.nih.gov/books/ NBK13212. accessed September 12. 2012.

BENEFITS WHEN YOU NEED THEM. MONEY BACK WHEN YOU DON'T!

- ☐ Cash Value option
- □ Return of Premium option

Choose the benefit that can return your premiums to you. With this option, you can **receive a check for all of your paid premiums** minus claims incurred.

There is an additional cost for this option.

Subject to state availability. Not available in Iowa.

MULTIPLE COVERAGE TYPES IN ONE SOLUTION

When you have Washington National Active Care, you receive cash benefits for up to:

- 13 critical conditions.
- 14 different types of accidental injuries.
- 7 other important categories.

With critical conditions lump-sum payments up to \$100,000 for each major diagnosis—plus cash benefits and recurrence benefits—the policy's value for you goes on and on.



Choose the supplemental solution with benefits for cancer, other critical conditions and accidents, as well as hospital, ICU and skilled care facility stays—all in ONE CONVENIENT POLICY.

This example illustrates Washington National Active Care when all coverage types are purchased.

Limitations and exclusions

The inpatient hospital benefit is limited to three periods of confinement per calendar year and has a lifetime maximum of \$15,000. The annual care benefit is payable beginning with the first anniversary after the payment of the lump sum benefit and is payable each year up to a total of five consecutive annual payments. Recurrence benefit pays a percentage of the lumpsum benefit for a subsequent diagnosis of cancer, when the subsequent diagnosis is more than 12 months after the previous diagnosis and there has been no treatment received during the 12 month period. We will not pay benefits for a diagnosis of cancer during the waiting period which is the first 30 days after the coverage effective date. We will not pay benefits for a loss when you are committing or attempting to commit a felony or to which a contributing cause was your being engaged in an illegal occupation. We will not pay benefits for a Loss when you are intoxicated, or under the influence of a controlled substance unless administered on the advice of a physician. We will not pay benefits when you are injured or attempting to injure yourself intentionally, regardless of mental capacity. We will not pay benefits when you are committing or attempting to commit suicide, regardless of mental capacity. We will not pay benefits when you are participating in any sporting event for pay or prize money. We will not pay benefits when due to war or any act of war, declared or not, or participating in or contracting with the armed forces (including Coast Guard) of any country or international authority. No benefits are payable for a pre-existing condition during the first 12 months after the effective date of coverage.

The following limitations and exclusions are in addition to the policy's and apply to the critical conditions rider. The inpatient hospital benefit is limited to three periods of confinement per calendar year and has a lifetime maximum of \$15,000. We will not pay benefits for loss contributed to, caused by, or resulting from: renal failure caused by a traumatic event, including surgical traumas. A heart transplant that is not a human heart; a bone marrow transplant that is not human bone marrow. If the insured's paralysis is related to a stroke and the policy paid a lump sum benefit, the lump sum benefit will not be payable under the rider.

No benefit is payable for diabetic amputations below the ankle. Amputation of a single toe or toes, or any partial foot amputations are not payable. No benefits are available for an organ donor under the rider. Coma does not include one that is medically induced.

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There is a calendar year maximum of \$5,000 for the radiation and injected chemotherapy benefits. No benefits are payable for preventive treatments prescribed without a diagnosis of cancer. The rider does not pay for continued maintenance medication for the purposes of keeping cancer from recurring.

The following limitations and exclusions are in addition to the policy's and apply to the accidental death and dismemberment rider, we will not pay benefits for loss contributed to, caused by, or resulting from: travel as a passenger other than a fare paying passenger in any aircraft or travel as a passenger in a military aircraft or acting as a pilot or crew in any aircraft. Hazardous activities which are hang-gliding, bungee jumping, parachuting, sailgliding, parasailing, parakiting or mountaineering. Racing including as a rider in or driving any motor-driven vehicle in a race, stunt show or speed test, or while testing any vehicle on any racecourse or speedway. Having any disease, bodily or mental illness or degenerative process. We also will not pay benefits for any related medical treatments or diagnostic procedures. While traveling being in an accident which occurs more than 40 miles outside the territorial limits of the United States or Canada. except under the accidental death benefit.

DEFINITIONS

PRE-EXISTING CONDITION: Means diagnosis or treatment within a twelve (12) month period preceding the Effective Date of the coverage of the Insured or a condition for which treatment was recommended by a Physician or received from a Physician within a twelve (12) month period preceding the Effective Date of coverage. A Hospital is not a bed, unit, or facility that functions as a/an: skilled nursing facility; nursing home; extended care facility; convalescent home; rest home, or a home for the aged; sanatorium; rehabilitation center; place primarily providing care for alcoholics or drug addicts; or, facility for the care and treatment of mental disease or mental disorders.

Policy form series: WNIC1068CA

Rider form series: R1069CA, R1077ROPCA, R1077CVCA, R1070CA and R1073CA

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WashingtonNational.com





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ACTIVE CareSM THE SUPPLEMENTAL SOLUTION

BENEFIT DICTIONARY CALIFORNIA

SUPPLEMENTAL HEALTH INSURANCE

AC-BK-CA-BENEFIT (09/14)

WASHINGTON NATIONAL **ACTIVE CARE | BENEFIT DETAILS**

LUMP-SUM	UMP-SUM BENEFIT amount for CANCER and CRITICAL CONDITIONS.								
□ \$5K	□ \$10K	☐ \$20 K	☐ \$30K	☐ \$40K	□ \$50K	☐ \$60K	☐ \$70K	☐ \$100K	
□CANCER									

_ 0, 02.1.						
BENEFIT	AMOUNT	DETAILS				
Lump-sum benefit*		Pays a lump sum benefit for a diagnosis of cancer. The lump-sum benefit is not payable for skin cancer, any cancer diagnosed or treated before the effective date of the policy or during the waiting period.				
Cancer	100%					
Carcinoma in-situ	25%					
Recurrence benefit	Up to 50% of the lump-sum benefit	Provides a recurrence benefit for any subsequent diagnosis of cancer or heart/stroke based on the coverage selected, if: the recurrence of the covered condition is diagnosed more than 12 months after any previous diagnosis; no treatment has been required or received treatment during the 12 months between the diagnoses. Treatment does not include maintenance medications and follow-up visits to a Physician. This benefit builds to 50% of the lump sum benefit after 61 months.				
		<13 months 13-24 months 25-36 months 37-48 months 49-60 months 61+ months				
		0 10% 20% 30% 40% 50%				
Skin cancer benefit	\$300	Pays a one time amount of \$300 when an insured is diagnosed with melanoma or non-melanoma skin cancer.				
Annual care benefit	\$75 per year	When you are under the continued care of a physician for a cancer diagnosis, we will pay a \$75 benefit beginning with the first anniversary after the payment of the lump sum benefit and is payable each year on the date of the payment of the lump sum benefit and will not exceed a total of five (5) consecutive annual payments per insured.				
Inpatient hospital benefit	\$300 per day	Provides for inpatient hospital confinement \$300 per day for up to 3 days. This benefit will be calculated based on the number of days that the hospital charges you for room and board. A "day" means a 24-hour period. This benefit has a limit of 3 periods of confinement per calendar year with a lifetime maximum of \$15,000.				
Radiation	\$200 per day	Pays \$200 per day for radiation treatment, up to \$5,000 per year, with no lifetime maximum.				
Injected chemotherapy	\$200 per day	Pays \$200 per day for injected chemotherapy treatment, up to \$5,000 per year, with no lifetime maximum.				
Oral chemotherapy	\$300 per month	Pays \$300 per month for oral chemotherapy for up to 36 months.				

^{*}Benefit note: The lump-sum benefit amount payable will not exceed 100%.

☐ CRITICAL CONDITIONS

BENEFIT	AMOUNT	DETAILS					
Lump-sum benefit*		Pays a lump-sum benefit for a diagnosis of a specified critical illness Alzheimer's, blindness, coma, deafness, diabetic amputation (above the ankle), major organ transplant (human heart, human lung, human liver, human kidney or human bone marrow), paralysis (2 or more limbs and lasting 90 days or more), and end stage renal failure. The lump-sum benefit is not payable for specified critical illness diagnosed or treated before the effective date of the policy or during the waiting period.					
Permanent blindness	100%						
Paralysis	100%						
Coma	100%						
Major organ transplant (when an insured undergoes transplant surgery)	100%						
Major organ transplant (when an insured is registered with the Organ Procurement and Transplantation Network (OPTN))	50%			l	l	l	
Diabetic amputation	50%	<13 months	13-24 months	25-36 months	37-48 months	49-60 months	61+ months
Alzheimer's disease	50%	0	10%	20%	30%	40%	50%
Permanent deafness	25%						
End-stage renal failure	25%						
Inpatient hospital benefit	\$300 per day	Provides for inpat calculated based means a 24-hour lifetime maximum	on the number of period. This bene	days that the hos	pital charges you	for room and boa	rd. A "day"

^{*}Benefit note: The lump-sum benefit amount payable will not exceed 100%.

□HOSPITAL

BENEFIT	AMOUNT	DETAILS
Inpatient hospital benefit	\$200 per day \$400 per day for ICU	Provides for inpatient hospital confinement in a regular hospital room (\$200 per day) or in an intensive care unit (\$400 per day) for up to 3 days. This benefit will be calculated based on the number of days that the hospital charges you for room and board. A "day" means a 24-hour period. This benefit has a limit of 3 periods of confinement per calendar year with a lifetime maximum of \$15,000.
Outpatient surgical benefit	\$200	Outpatient surgery is also provided when required due to covered sickness or a covered accident in the amount of \$200. This is limited to 1 outpatient surgery per calendar year.
Physician's office visit benefit	\$75 one time per calendar year	Physician's office visit provides \$75 one time per calendar year for the following exams/test: annual physical exam, mammogram; breast ultrasound; pap smear (lab and procedure for cervical Cancer); biopsy; flexible sigmoidoscopy; hemocult stool specimen; chest x-ray; CEA (blood test for colon Cancer); CA 125 (blood test for ovarian Cancer); PSA (blood test for prostate Cancer); thermography; colonoscopy; virtual colonoscopy; ThinPrep; stress test on a bicycle or treadmill; fasting blood glucose test; blood test for triglycerides; serum cholesterol test to determine level of HDL and LDL; electrocardiogram (EKG); Carotid Doppler; Echocardiogram; Lipid panel (total cholesterol count).

□ACCIDENT

BENEFIT	POLICYOWNER	SPOUSE (IF COVERED)	CHILD(REN) (IF COVERED)			
Accidental death benefit		If an accidental injury causes death within 90 days of a covered accident, the rider pays a lump sum accidental death benefit related to the following: accidental death, motorized vehicle accident,				
	pedestrian accident, or commo	n carrier.				
Accidental death Motorized vehicle or pedestrian Common-carrier	\$50,000	\$50,000	\$25,000			
Dismemberment benefit		If a covered accident causes the dismemberment of a finger, hand, toe, foot, arm, leg, or eye within one year after the covered accident the rider pays a benefit.				
One finger or toe	\$1,000	\$1,000	\$500			
More than one finger and/or toe	\$1,500	\$1,500	\$1,000			
One eye, hand, foot, arm, or leg	\$7,500	\$7,500	\$2,000			
More than one eye, hand, foot, arm, or leg	\$25,000	\$25,000	\$5,000			
Joint Replacement	If as part of a covered accident year of the covered accident th	you are required to have a hip, knee o e rider pays a benefit.	r shoulder replacement within one			
Hip, knee or shoulder	\$5,000	\$5,000	\$1,250			
Fracture	days after the covered accident	If a covered accident causes a bone fracture and it is diagnosed and treated by a physician within 90 days after the covered accident, the rider pays a benefit. The rider includes a surgical benefit when a fracture requires a surgical incision.				
Hip or thigh	\$1,200	\$1,200	\$1,200			
Vertebrae	\$1,100	\$1,100	\$1,100			
Pelvis	\$1,000	\$1,000	\$1,000			
Skull (depressed)	\$900	\$900	\$900			
Leg	\$800	\$800	\$800			
Foot, ankle, or knee cap	\$600	\$600	\$600			
Forearm or hand	\$600	\$600	\$600			
Lower jaw	\$500	\$500	\$500			
Shoulder blade, collar bone, or sternum	\$500	\$500	\$500			
Skull (simple)	\$400	\$400	\$400			
Upper arm or upper jaw	\$400	\$400	\$400			
Facial Bones	\$400	\$400	\$400			
Vertebrael processes	\$200	\$200	\$200			
Coccyx, rib, finger, toe, or nose	\$200	\$200	\$200			
Dislocation		ered accident and it is diagnosed and trea islocation requires surgical incision to relo				
Hip	\$1,000	\$1,000	\$1,000			
Knee (not knee cap)	\$800	\$800	\$800			
Shoulder	\$600	\$600	\$600			
Foot or ankle	\$500	\$500	\$500			
Hand	\$400	\$400	\$400			
Lower jaw	\$300	\$300	\$300			
Wrist	\$200	\$200	\$200			
Elbow	\$200	\$200	\$200			
Finger or toe	\$200	\$200	\$200			

ACCIDENT (CONTINUED)

BENEFIT	POLICYOWNER	SPOUSE (IF COVERED)	CHILD(REN) (IF COVERED)			
Laceration		If as part of a covered accident you are lacerated and the laceration is repaired with sutures by a physician within 72 hours after the covered accident, the rider pays a benefit.				
Combined length: over 2"	\$100	\$100	\$100			
Injuries requiring surgery		If as part of a covered accident you injure your eye and eye surgery is performed due to the covered accident by a physician within 90 days after the covered accident, the rider pays a benefit.				
Eye injury	\$100	\$100	\$100			
Tendon or ligament	tendon or ligament repaired thro accident, the rider pays a benefit	If as part of a covered accident you tear, sever or rupture your tendon or ligament and have the injured tendon or ligament repaired through surgical incision by a physician within 90 days after the covered accident, the rider pays a benefit. If the dislocation or fracture benefit is payable due to the same covered accident this benefit is not payable.				
Tear, sever or rupture	\$300	\$300	\$300			
Ruptured disc ¹ Covered accident occurs:	a physician within 60 days after the incision by a physician within one	u rupture a disc in your spine and rece ne covered accident, and have the rupt year after the covered accident, the ric th of time you have been insured unde	ure repaired through surgical der pays a benefit. The amount			
During first year you are insured	\$100	\$100	\$100			
After first year you are insured	\$300	\$300	\$300			
Torn cartilage ¹ Covered accident occurs:	within 60 days after the covered ac physician within one year after the	If as part of a covered accident you tear cartilage and receive treatment for the torn cartilage from a physician within 60 days after the covered accident and have the torn cartilage repaired through surgical incision by a physician within one year after the covered accident, the rider pays a benefit. The amount payable will be based on the length of time you have been insured under the rider on the date your covered accident occurred.				
During first year you are insured	\$100	\$100	\$100			
After first year you are insured	\$300	\$300	\$300			
Hernia ¹ Covered accident occurs:	within 60 days after the covered a physician within one year after the be based on the length of time you	If as part of a covered accident you suffer a hernia and receive treatment for the hernia from a physician within 60 days after the covered accident, and have the hernia repaired through a surgical incision by a physician within one year after the covered accident, the rider pays a benefit. The amount payable will be based on the length of time you have been insured under the rider on the date your covered accident occurred. If your hernia is a herniated disc, we will pay the ruptured disc benefit in lieu of the hernia benefit.				
During the first year you are insured	\$100	\$100	\$100			
After first year you are insured	\$300	\$300	\$300			
Burn		u are burned and your burns are treate er pays a benefit. Benefits are not paya				
	\$500	\$500	\$500			
Emergency care services	to an emergency room or seeks	v care services when an insured due to care at an urgent care facility within 2 in a 24 hour period and once per cov	4 hours of the covered accident.			
	\$250 per covered accident per insured	\$250 per covered accident per insured	\$250 per covered accident per insured			
Physician's office visit benefit		n's office visit when within 72 hours o This benefit is limited to 2 visits per				
	\$30 limit 2 per covered accident per insured	\$30 limit 2 per covered accident per insured	\$30 limit 2 per covered accident per insured			

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DEFINITIONS

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PREMIUMS ARE BASED ON THE LEVEL OF COVERAGE SELECTED. THIS BENEFIT DICTIONARY IS A BRIEF SUMMARY OF THE BENEFITS PROVIDED. PLEASE CONSULT THE POLICY ITSELF TO DETERMINE GOVERNING CONTRACTUAL PROVISIONS.

Policy form series: WNIC1068CA

Rider form series: R1069CA, R1077ROPCA, R1077CVCA, R1070CA and R1073CA

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